

BRINGING OLD FABRICS BACK TO LIFE

WEAR(E)ABLE

BEST DRESSED SUSTAINABLY



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"It is a workshop to compost old clothes in flowerpots and grow some plants. Activity is dedicated to young people (15-20 years old) to raise awareness about fabrics used in clothing, to encourage to use unsuitable for donation or selling clothes for other purposes. Moreover, by doing this activity more plants are being planted"

DOVILE J. (16), LT



MATERIAL NEEDED

Old clothes that will be converted into fabric scraps, flowerpots, potting soil, scissors, seeds, bulbs or plants to plant, watering can with some water.

STEP FOR CONSTRUCTION / REALIZATION

1. Invite some young people, who are interested in a sustainable lifestyle, to participate.
2. Ask them to bring in some old clothes, (e.g. t-shirts, socks, trousers) they no longer use and cannot be donate/sell because of their poor condition.
3. Make a thorough investigation what materials the brought clothes are made of.
4. Choose the clothes that are made of natural fabrics, such as linen, cotton, hemp, and cut them into small 3x3cm squares. If the clothes have some non-biodegradable items (like zippers, buttons, etc.) remove them.
5. Mix the squares with potting soil: 2 parts soil to 1 part fabric
6. Add one top layer of potting soil and plant the seeds, bulbs or plants you brought.
7. Water the flowerpot and wait for your plants to grow.

HOW WOULD YOU PROMOTE IT?

- I would create a Facebook event where I would invite my friends; I would share it on my Instagram account as this social media platform is widely used by the youth. Also, I would make some posters and hang them in public places, schools and cafes to attract more people to the event.



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